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Description

A 2015 study by researchers at Mercy Children's Hospital in Toledo, Ohio, finds an undiagnosed peanut allergy could be the cause of continued asthma symptoms.

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APA

CHICAGO MANUAL OF STYLE

Transcript
2015 Study: Children with Asthma May Have Peanut Allergies
SAVANNAH GUTHRIE, anchor:
There is a new study tonight that would be of major interest to parents who have children suffering from asthma. It suggests that some of those kids may also have an allergy to peanuts. For more on this, I'm joined by NBC News medical contributor Doctor Natalie Azar. Natalie, the upshot here, some kids who have asthma should probably get a peanut allergy test.
DR. NATALIE AZAR, reporting:
That's right, Savannah. Food allergies and asthma often coexist. Both asthma and a sensitivity to peanuts can be to coughing and wheezing. If your child is being treated for asthma and you're having a hard time getting control of these symptoms an undiagnosed peanut allergy may be a factor. When researchers at Mercy Children's Hospital in Toledo, Ohio, looked at the medical records of more than 1,500 children diagnosed with asthma at their pulmonary clinic, they found that 11% of these children also had a peanut allergy. Now in that entire group, 44% had a blood test to see if they were sensitive to peanuts. And of those children, almost a quarter tested positive. But many of these families, roughly 50%, never suspected their children had a peanut allergy at all.
GUTHRIE: So who should be tested, Natalie?
DR. AZAR: Two major groups. One, our kids that have acute exacerbations without an obvious trigger, and also children who are doing well on their medicine but continue to have attacks. And I want to point out, too, that a lot of these inhaled medicines for asthma also contain soy. Some children with peanut allergy can also cross react to that.
GUTHRIE: All right. Some good information for parents tonight. Doctor Natalie Azar, thank you.
DR. AZAR: Thank you.